

DOW MEDICAL COLLEGE (DUHS)
FIRST PROFESSIONAL YEAR MBBS BATCH - 2031
MUSCULOSKELETAL SYSTEM - I MODULE (2026)

Time Table: Week – 4 CONTINUE.....

Days	8:30 – 9:30 AM	9:30 - 10:30 AM	11.00 AM - 12:30 PM	1:30 – 3:00 PM
Sat 1/8	PHYSIOLOGY Excitation, Contraction and Coupling NLH – 1 PROF. MOZAFFER RAHIM	SELF STUDY	1. A = ANATOMY (Models study) Clavicle, Scapula and Humerus + Muscles of the Pectoral and Shoulder regions, + Axilla ANATOMY MUSEUM Dr Hina 2. B = PATHOLOGY (Pract) Vitamin D Deficiency States PATHO LAB Dr. Anood 3. C = HISTOLOGY (Pract) Histology of Bone HISTO LAB Dr Shanza 4. D = CBL (Myasthenia Gravis) PHYSIOLOGY DR. OWAIS 5. E1 = SKILL LAB Vital signs-Blood Pressure SKILL LAB E2 = SELF STUDY 6. F = PHARMACOLOGY (Tuto) Drugs Used to Treat Rickets and Osteomalacia Dr Furqan Ilyas PHARMA DEPT	ANATOMY (Demo) Nerves and the Blood Vessels of Forearm NLH – 1 Dr Iqra Bhatti
Mon 3/8	ANATOMY Elbow Joint and Arterial Anastomosis Around Elbow NLH - 1 Dr Aisha Abdul Haq	PHYSIOLOGY Molecular Basis of Muscle Contraction NLH – 1 PROF. MOZAFFER RAHIM	1. B. Dr Hina 2. C. Dr. Anood 3. D. Dr Aisha Abdul Haq 4. E. Dr. Sana Zeeshan 5. F 6. A. Dr Syeda Sana	ANATOMY (DEMO) Muscles of the Hand, Movement of Thumb, Palmar aponeurosis, Anatomical snuff Box Dr Amir
Tues 4/8	CHEHLUM HAZRAT HUSSAIN (A.S) (20 SAFAR)			
Wed 5/8	PATHOLOGY Types and Important Clinical Manifestations of Osteoporosis NLH - 1 Dr. Samra Waheed	SELF STUDY	1. C. Dr Iqra 2. D. Dr. Anood 3. E. Dr Shanza 4. F. Dr. Owais 5. A 6. B. Dr Syeda Sana	PHYSIOLOGY (Tutorial) Skeletal Muscle Contraction A+B+C NLH – 1 PROF. MOZAFFER RAHIM D+E+F ARAG DR. FAREEHA BUTT
Thurs 6/8	8:30 – 10:00 AM ANATOMY(Demo) Nerves and Vessels of the Hand NLH - 1 Dr Uzma Hameed	SELF STUDY	1. D Dr Hina 2. E Dr. Anood 3. F Dr Sofia Tabassum 4. A. Dr. Shayan 5. B 6. C. Dr Syeda Sana	
Fri 7/8	ANATOMY Wrist Joints, Superior and Inferior Radioulnar Joints and small Joints of Hands NLH – 1 Dr Aisha Hassan Brohi	PHYSIOLOGY Energetics of Skeletal Muscle Oxygen debt NLH-1 PROF. MOZAFFER RAHIM	1. E Dr Iqra 2. F. Dr. Anood 3. A Dr Sofia Tabassum 4. B Dr. Kanwal Naz 5. C 6. D Dr Furqan Ilyas	
Sat 8/8	ANATOMY Superficial veins, Lymphatics and Lymph Node of Upper Limb NLH – 1 Dr Amna Mughal	SELF STUDY	1. F Dr Amir 2. A Dr. Anood 3. B Dr Sofia Tabassum 4. C Dr. Owais 5. D 6. E Dr Furqan Ilyas	SELF STUDY